

# 2023 POWERLIFTING SCHEDULE

#ALLIN



<b><u>Meet</u></b>	<b><u>Date</u></b>	<b><u>Attending</u></b>	<b><u>Location</u></b>
Hallsville ISD	Jan 12th	Girls & Boys	Hallsville High School
Longview ISD	Jan 26th	Girls	Longview High School
Longview ISD	Jan 30th	Boys	Longview High School
Longview ISD	Feb 2nd	Girls	Longview High School
Kilgore ISD	Feb 9th	Boys	Kilgore High School
Eustace ISD	Feb 16th	Girls & Boys	Eustace High School
Region 3 Div. 1 Regional Meet	Mar 1st, 2nd	Girls	Pine Tree High School
Region 3 Div. 1 Regional Meet	Mar 7th,8th	Boys	Tyler Legacy High School
Girls State Meet	Mar 16th-18th	Girls	Frisco, TX
Boys State Meet	Mar 23rd-25th	Boys	Abilene, TX

**Coaches:** Cody Ellis & Rodrick Portley

**Athletic Director:** Jacob Holder

**Assistant Athletic Director:** Jason Bachman