

2025 POWERLIFTING SCHEDULE

#ALLIN



<u>Meet</u>	<u>Date</u>	<u>Attending</u>	<u>Location</u>
White Oak ISD	Jan 11th	Girls & Boys	White Oak High School
Mt. Pleasant ISD	Jan 24th	Girls & Boys	Mt. Pleasant High School
Hallsville ISD	Feb 6th	Girls & Boys	Hallsville High School
Garrison ISD	Feb 13th	Girls (LCQ)	Garrison High School
Mt. Pleasant ISD	Feb 21st	Boys (LCQ)	Mt. Pleasant High School
Region 3 Div. 2	Feb 26th, 27th	Girls	Pine Tree High School
Regional Meet			
Region 3 Div. 2 Regional Meet	Mar 6th, 7th	Boys	Arp High School
Girls State Meet	Mar 12th-15th	Girls	Edinburgh, TX
Boys State Meet	Mar 21st-22nd	Boys	Abilene, TX

Coaches: Cody Ellis & Rodrick Portley

Athletic Director: Jacob Holder

High School Principal: Beeper Kraus

Superintendent of Schools: Steve Clugston