

2021 F.A.S.T. CAMP

Incoming 9th-12th Grade Boys/Girls @ High School Weight Room:

8am Check In, 8:30-10:30am Camp, Sport's Skills will be 10:30am-12.

Incoming 7th-8th Grade Boys/Girls @ Junior High Weight Room:

8am Check In, 8:30-10:30am Camp, Sport's Skills will be 10:30am-12.

- **Week 1: June 7,8,10 (Monday, Tuesday, Thursday)**
- **Week 2: June 14,15,17 (Monday, Tuesday, Thursday)**
- **Week 3: June 21,22,24 (Monday, Tuesday, Thursday)**
- **Week 4: June 28,29,July 1 (Monday, Tuesday, Thursday)**
- **Off Week: July 5-10 (No Workouts This Week)**
- **Week 5: July 12,13,15 (Monday, Tuesday, Thursday)**
- **Week 6: July 19,20 (Monday, Tuesday Only This Week)**
- **Week 7: July 26,27,29 (Monday, Tuesday, Thursday)**

If you have any questions please contact the Pine Tree Athletic Office at 903-295-5142 or by email through the Assistant Athletic Director Kerry Lane at

klane@ptisd.org .